



**Magna Physical Therapy &
Sports Medicine Center LLC**

Group Fitness

302 West Main Street, Suite 204
Avon, CT 06001

860.679.0430
www.magnapt.com

Magna-fy your FITNESS

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>9 – 10 am</u> Mat Pilates Intermediate* *Virtual Class</p>	<p><u>9 – 10am*</u> Essentrics™** *Please call to register prior to class due to covid regulations</p>	<p><u>9 – 10 am</u> Mat Pilates Intermediate* *Virtual Class</p>	<p><u>9 – 10am</u> Mat Pilates Beginner* *Virtual Class</p>	<p><u>9 – 10am*</u> Essentrics™** *Please call to register prior to class due to covid regulations</p>

Class Rates (prices include tax)

\$12.00 drop-in rate

\$125.00 for 12 classes

Package must be used within 6 months of purchase

Private Pilates Instruction: \$75.00 per hour

Essentrics™ (to register: 860.651.9090 or essentricswithdebbieandgene.com)

\$9.00 drop-in rate

\$30.00 for 4 classes